

| Session 4: Module 12 - Health Information - Pregnant Part 2 | |
|---|--|
| FINAL | |
| Description | Script |
| 1. Introduction | Welcome to M-SPIRIT Session 4, Module 12 , of the M-SPIRIT Required Online Training presented by the Montana Department of Public Health and Human Services WIC Program. |
| 2. Start | Health Information |
| 3. Pg | Pregnancy Info – Part 2 |
| 4. <pg2_1> | Let's continue with the Multivitamin Consumption section. |
| | In this section, you are required to collect information about whether the participant was taking multivitamins the month before she was pregnant and whether she takes them now that she is pregnant. |
| | Click on the Month Prior to Pregnancy drop-down arrow. |
| 5. <pg2_2> | Click below the blue bar on the scroll bar and we will quickly look at the rest of the list. |
| 6. <pg2_3> | Go ahead and select 2 times per week. |
| 7. <pg2_4> | <no script> |
| 8. <pg2_5> | Click on the During Pregnancy drop-down arrow. |
| 9. <pg2_6> | Again, click below the blue scroll bar to see the rest of the options, which are the same as the "Month Prior to Pregnancy" options. |
| 10. <pg2_7> | Ruby is now taking vitamins every day. Select the option. |
| 11. <pg2_8> | <no script> |
| 12. <pg2_9> | In the Cigarette Usage section you must enter the number of tobacco products, including cigarettes, pipes and cigars the participant smoked on a daily basis... |
| | ...3 months before she was pregnant and the number she currently smokes. |
| | If the participant doesn't smoke, you must enter zero into these fields. |
| | The appropriate Smoking Change selection is auto-selected by M-SPIRIT based on the numbers entered in the fields above it. |
| | Let's take a look... |
| | Click into the Per Day - 3 Months Prior to Pregnancy field. |
| 13. <pg2_10> | Ruby doesn't smoke. Enter 0 into the 3 months Prior to Pregnancy field and then press the Tab key on your keyboard... |

| Session 4: Module 12 - Health Information - Pregnant Part 2 | |
|---|--|
| FINAL | |
| Description | Script |
| 14. <pg2_11> | Now enter 0 into the Per Day - Current field and then press the Tab key on your keyboard... |
| 15. <pg2_12> | ...and the system selects Did Not Smoke. |
| | Click into the 3 Months Prior field again. |
| 16. <pg2_13> | Let's enter 20 into the 3 months Prior field. Press the Tab key on your keyboard. |
| 17. <pg2_14> | Now enter 10 into the Current field and press the Tab key on your keyboard... |
| 18. <pg2_15> | ...and the system selects Decrease Smoking Amount. |
| | This time, let's keep 20 in the 3 Months Prior field and click into the Current field again. |
| 19. <pg2_16> | Enter 0 into the Current field and press the Tab key on your keyboard... |
| 20. <pg2_17> | ...and M-SPIRIT selects Stopped Smoking Completely. |
| | OK. One more time. Let's click into the Current field again. |
| 21. <pg2_18> | Enter 20 into the Current field and press the Tab key on your keyboard... |
| 22. <pg2_19> | ...and the system selects Did Not Stop Smoking, Still Smoking. |
| | In general, M-SPIRIT does not accept unknown values of 99. |
| | However, in the Cigarette Usage and Alcohol Intake sections, it will allow you to enter 99 if the participant cannot or will not answer the question. |
| | Click into the 3 Months Prior field. |
| 23. <pg2_20> | Type 99 into the field and press the Tab key. |
| 24. <pg2_21> | Enter 99 into the Current field and press the Tab key. |
| 25. <pg2_22> | ...and the system selects Unknown or Refused to Answer. |
| | There are still a couple of more options so go ahead and click the Smoking Change drop-down list. |
| 26. <pg2_23> | If the participant started smoking or increased the amount she was smoking... |
| | ...the system would auto-select the appropriate selection of Started Smoking or Increased Smoking respectively. |
| | The only option M-SPIRIT cannot calculate for you is Tried to Stop or Decreased, But Failed since the option is a subjective assessment and can only be based on your discussion with the participant. |

| Session 4: Module 12 - Health Information - Pregnant Part 2 | |
|---|---|
| FINAL | |
| Description | Script |
| 27. Pg2_1 | The system auto-assigns risk factor 371 - Maternal Smoking if the participant is currently smoking any amount at all. |
| | However, it will not assign the risk factor when the value is either 98, which is another unknown value that we do not utilize in Montana, or 99. |
| 28. <pg2_24> | We have reverted back to our original values of 0 for smoking. |
| | Let's move on to the Alcohol Intake section. |
| | In this section, you must record the number of alcoholic beverages the participant drank each week 3 months before becoming pregnant... |
| | ...and the number she currently drinks each week. |
| 29. <pg2_2> | M-SPIRIT auto-assigns Risk Factor 372 - Alcohol and Illegal Drug Use if the current intake is any value greater than zero. |
| | Just like with cigarette usage, the risk factor is not assigned if the value is either 98, an unknown value we don't use in Montana, or 99. |
| 30. <pg2_25> | Click into the Drinks/Week - 3 Months Prior to Pregnancy field. |
| 31. <pg2_26> | Ruby doesn't drink at all. Enter zero into the field and press the Tab key. |
| 32. <pg2_27> | Enter zero into the Drinks/Week Current field and press the Tab key. |
| 33. <pg2_28> | The last section to review is Any Pregnancy History. |
| | In this section, you should select the checkbox for any condition or issue the participant has experienced in a previous pregnancy. |
| | Click the Low Birth Weight checkbox. |
| 34. <pg2_29> | <no script> |
| 35. Pg2_3 | This checkbox should be selected if the participant has ever given birth to an infant weighing less than or equal to 5 pounds 8 ounces when born. |
| | M-SPIRIT will auto-assign Risk Factor 312 - History of Low Birth Weight. |
| 36. <pg2_30> | Click to remove the checkmark. |
| 37. <pg2_31> | Click on the Premature Birth checkbox. |
| 38. <pg2_32> | <no script> |

| Session 4: Module 12 - Health Information - Pregnant Part 2 | |
|---|--|
| FINAL | |
| Description | Script |
| 39. Pg2_4 | Select this checkbox if the participant has ever given birth to an infant before 37 weeks gestation and the system will auto-assign risk factor 311-History of Preterm Delivery. |
| 40. <pg2_33> | Click to remove the checkmark. |
| 41. <pg2_34> | Click on the Fetal or Neonatal Loss or 2 or more Spontaneous Abortions checkbox. |
| 42. | <no script> |
| 43. Pg2_5 | This third checkbox should be selected if the participant has previously experienced a fetal or neonatal loss or has had 2 or more spontaneous abortions. |
| | The system will auto-assign Risk Factor 321-History of Spontaneous Abortion, Fetal or Neonatal Loss if selected. |
| 44. <pg2_35> | Click to remove the checkmark. |
| 45. <pg2_36> | Click on the Gestational Diabetes checkbox. |
| 46. <pg2_37> | Remember, if risk factor 302 or 303 have ever been assigned in M-SPIRIT, the system maintains an historical record... |
| 47. <pg2_38> | ...and default selects and disables the Gestational Diabetes checkbox in the Any Pregnancy History section. |
| 48. <pg2_39> | <no script> |
| 49. Pg5 | Select this checkbox if the participant has ever been diagnosed with Gestational Diabetes during any previous pregnancy. |
| | The system will auto assign Risk Factor 303 – History of Gestational Diabetes if selected. |
| 50. <pg2_40> | Click to remove the checkmark. |
| 51. <pg2_41> | Click on the Preeclampsia checkbox. |
| 52. <pg2_42> | <no script> |
| 53. Pg6 | This checkbox should be selected if the participant has ever been diagnosed specifically with preeclampsia, or pregnancy-induced hypertension with proteinuria after the 20th week, during a previous pregnancy. |
| | M-SPIRIT will auto-assign risk factor 304 - History of Preeclampsia. |
| 54. <pg2_43> | Preeclampsia is similar to Gestational Diabetes in that if risk factor 304 has ever been assigned to the participant in M-SPIRIT... |

| Session 4: Module 12 - Health Information - Pregnant Part 2 | |
|---|--|
| FINAL | |
| Description | Script |
| 55. <pg2_44> | ...an historical record is maintained and the checkbox is default selected and disabled for all future certifications. |
| 56. <pg2_45> | Click to remove the checkmark. |
| 57. <pg2_46> | Let's click the OK button to save the changes in the Health Information screen. |
| 58. <pg2_47> | If any risk factors had been assigned by the system, they would be listed in the Household Member Information section. |
| | Let's take a quick look at the Health Information - Pregnancy Info tab in the Participant Folder. |
| 59. <pg5> | Remember, all checkboxes, except for Requires Food Package III are disabled in the participant folder. |
| | In the CGS, risk factors are auto-assigned by the system when you select checkboxes. |
| | In the Participant Folder, you can assign risk factors and in response, M-SPIRIT will select the corresponding checkbox. |
| | We will revisit this in session 5. |
| Questions | Do you have any questions about what we just reviewed? If so, please submit them via the M-SPIRIT Frequently Asked Questions forum on the Montana WIC website. |